

Living  
with  
mental  
illness?

Join the  
Club!



Come to Magnolia Clubhouse—  
a welcoming community—  
to rebuild and improve the  
quality of your life

# About Mental Illness

One in four people lives with a mental illness—one in 17 with a severe mental illness—but less than half get treatment. Many who do get treatment still live in isolation. Mental illness can seem like an insurmountable challenge but it isn't.

Young adulthood can be a time that mental illness first appears, and the Clubhouse offers opportunity and hope, to help those experiencing mental illness to successfully move on with their lives. The Clubhouse is open to people of all ages and supports each person in pursuing their individual goals so that their life is not derailed by mental illness.

The innovative Clubhouse Model, an evidence-based best practice that has withstood the test of time, fills a void and provides a life changing alternative to those who live with mental illness. The Clubhouse is a dynamic community of growth where people work together and join in the community at large.



# About Magnolia Clubhouse

## **Q** What is a Clubhouse?

**A** It is a welcoming community of support established to improve the lives of people who live with mental illness. Here, members and staff work in partnership to operate the Clubhouse. One of more than 300 Clubhouses worldwide, the program is research-proven to be effective.

## **Q** Who can become a member?

**A** Anyone 18 years old and older with a mental illness may join.

## **Q** What is the cost?

**A** Members pay only dollar-a-day dues on days they attend. This includes lunch (served daily) and any other activities offered that day.

## **Q** What do you do at the Clubhouse?

**A** On any given day you will find members cooking the daily lunch, answering phones, creating a daily news show in the media lab, working in our resale shop, entering data, or maintaining the grounds—these are just a few examples. Here, you can discover your own path and work at your own pace.

## **Q** How do I join?

**A** Call and make an appointment for a tour of the Clubhouse. The enrollment process is simple.

## **Q** When is the Clubhouse open?

**A** The Clubhouse is open Monday through Friday from 8:00am to 4:30pm (until 6:30pm on Wednesdays). In addition, we have social activities two Saturdays each month and celebrations on major holidays.

## **Q** Can the Clubhouse help me find a job?

**A** Our Transitional Employment Program is a bridge into (or back into) the workforce for members who want a job. We also help members find ongoing employment.

## **Q** What if I want to go back to school?

**A** The Clubhouse assists members who want to return to school whether to get a GED, college degree, or program certificate.

## **Q** What is the Clubhouse Clinic?

**A** Our on-site clinic offers both behavioral and primary healthcare services in keeping with the Clubhouse's holistic approach to mental health.

## **Q** Does the Clubhouse really make a difference?

**A** Almost 100% of our members report improved well-being. They also have higher rates of employment (and pay) compared to others who live with mental illness. In addition, they report fewer symptoms and hospitalizations.

**Call 216-721-3030 to  
schedule a tour**



**At the heart of the  
Clubhouse is the belief that  
work and relationships are  
rehabilitative.**

**Here you will find purpose,  
friendships, and opportunity.**





**MAGNOLIA**  
clubhouse

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Creating Community: Changing the World of Mental Health

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