The Clubhouse Model of Psychiatric Rehabilitation
THE NEED
1 in 4 live with mental illness.
1 in 17 live with serious illness.
Less than 1/2 get treatment.
Psychiatric Rehabilitation Overlooked

- Biological model predominant
- Recovery from chronic serious mental illness a newer concept
- Traditional vocational rehabilitation unsuccessful for the mentally ill
Psychiatric Rehabilitation Clubhouse Model

- Intentional Therapeutic Community
- Community Integration and a Continuum of Supports
- Supported Employment, Education and Housing
- Community Education and Advocacy
- Integrated Healthcare and the Promotion of Health and Wellness
Magnolia Clubhouse
Clubhouse International

330 Clubhouses in 34 countries, 37 states

North America: 200 Clubhouses
Europe: 84 Clubhouses
Asia: 32 Clubhouses
South America: 2 Clubhouses
Middle East: 3 Clubhouses
Africa: 2 Clubhouses
Australia/New Zealand: 10 Clubhouses
Clubhouse International
10 International Training Bases Worldwide

Fountain House, NYC
Genesis Club, MA
Gateway House, SC
Independence Center, MO
Alliance House, UT
Progress Place, Toronto, Canada
Mosaic Clubhouse, London, England
Helsingin Klubitalo, Helsinki, Finland
Taiwha Fountain House, Seoul, Republic of Korea
Stepping Stone, Brisbane, Australia
Clubhouse Model

2014 Hilton Humanitarian Prize Winner

Assisting WHO in educating communities around the world on mental illness and wellness and the integration of the Clubhouse model, psychiatry and primary care.
Research Findings

- Cost effective.\(^1\)
- Higher rates of employment. \(^1,2\)
- Reduced rates of hospitalization. \(^3\)
- Reduced incarcerations. \(^4\)
- Improved well-being. \(^5\)

\(^1\)Source: McKay, Yates, and Johnsen (2005); IPS model reported by Clark et al (1998); ACT model reported by Macias et al (2001).
Two Other Clubhouses in Ohio

Miracle Clubhouse- Dayton
3-Year Accreditation August 2016

Pathways Clubhouse- Columbus
Re-opened October 2016 with renovated space and 3-year conditional Clubhouse accreditation June 2018

Neighboring States

• 42 Michigan (27 accredited)
• 20 Pennsylvania, all accredited
Ohio Clubhouses Columbus Opening 2016
8:00am-4:30 pm
Monday-Friday
6:30 pm Wednesdays
Alternate Weekends
Major Holidays
• Located in University Circle
• Over 424 people a year
• 70 average daily attendance
• Schizophrenia (52%)
• Mood Disorders (34%)
Magnolia Members

• Majority have severe mental illness resulting in disability
• The majority live in poverty
• 26% report substance abuse/dual diagnosis
• 28% have legal involvements
• 78 have children including grown children
• 12 are veterans
• 44 have physical disabilities
• 25 also have a developmental disability
• 1 is deaf
Magnolia Members Age FY2018

Age

N = 418
Magnolia Members
Living Arrangements

- Independent: 39%
- Adult Care: 23%
- With Family: 30%
- Other: 8%

n=382
Magnolia Members

Mode of Transport

- **Drive**: 48%
- **Walk**: 4%
- **Bus**: 23%
- **Family Drive**: 15%
- **Paratransit**: 7%
- **Other**: 3%

79% East-siders
21% West-siders
N=379
Hospitality Unit
Dining Together
Hospitality Unit
Running the Cafe
Hospitality Unit
Property Maintenance and Landscaping
Membership Unit
Orienting & Enrolling Members
Communications Unit

Produces a Daily News Show and Social Media
Administration Unit
Marketing, Development, Fundraising
Administration Unit
Statistical Reporting
Supported Ongoing Employment and Transitional Employment

Model Benchmark
Number of employed members
50% of the Average Daily Attendance

Magnolia Clubhouse Outcome
80 employed members
Model benchmark would be 35
16 were newly employed in ongoing employment
Model benchmark would be 9
Transitional Employment

- Paid, entry-level positions, variety
- Members work part-time for 9 to 12 months, employees of the companies
- Clubhouse provides job training and support
- Guaranteed job coverage
Transitional Employment

T.J. Maxx

Zagara's Marketplace
family owned since 1936

ADAMHS
BOARD OF CUYAHOGA COUNTY
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES
Supported Education

32 members pursued educational goals including college (16), GED work, tutoring, and literacy skills development.
Supported Housing
Health and Wellness
Integrated Care Clinic
Health and Wellness

• Clinic integrates primary care and psychiatry with the Clubhouse
• Received SWAN grant for Health and Wellness
• Health and wellness group supporting weight loss, healthy lifestyles, smoking cessation
• Weekly yoga, meditation, Zumba
• Clubhouse healthy meals, large salad option
• Daily walking group
• Social activities more physical
• Monthly Health Education topic
Advocacy and Community Education

Gubernatorial Candidate
Richard Cordray

Representative Bill Patmon
Congressman Joseph Kennedy

With their innovative approach to behavioral health care, Magnolia Clubhouse in Cleveland doesn’t just treat patients, it builds a community where staff and members work side by side. Always moving to see so many people who care so deeply about each other.

-Congressman Joseph Kennedy III
September 20, 2017
Community Education

“Meet the People”
Channel 3

“Ideas” on Ideastream

Channel 5 News
Healthcare Reform

Achieved inclusion in the Ohio Medicaid Plan

Day Treatment- for Clubhouse Psychiatric Rehabilitation
Advocacy with NAMI
Police Crisis Intervention Training
Research at Magnolia

8 publications

• Case Western Reserve University
  Reduced isolation
  Needs of family members

• Fountain House
  Resiliency
  Staff Member Relationships
Education for Students
Magnolia Clubhouse Shop

Tuesdays – Fridays
10:00-3:30
Open first Saturday of every month
Magnolia Clubhouse Capital Project: Expansion and Renovations
A Clubhouse is a community creating opportunities for employment, education, friendship, belonging, and hope.