



**LIVING WITH MENTAL ILLNESS?**

**JOIN THE CLUB!**



2019 Report to the Community

# OUR CLUBHOUSE COMMUNITY

MAGNOLIA CLUBHOUSE IS A VITAL COMMUNITY OF GROWTH, HOPE AND OPPORTUNITY.

**OUR MISSION** is to ensure that people living with mental illness are respected co-workers, neighbors, and friends.

**OUR VISION** is that one day, across the world, the human rights movement for social justice, to which Clubhouses are dedicated, will no longer be needed. People who live with mental illness everywhere will live lives of dignity and fulfillment, and reach their full potential.



“I have learned skills to cope with others and I don’t feel alone in my mental illness. I love having a job. I feel happy the Clubhouse helped me accomplish that.”

“I have not been hospitalized as much since coming to the Clubhouse.”

“I have more hope for my future employment. I love being among others, I can organize my day more.”

“The Clubhouse has helped me gain confidence in myself and my ability to communicate with others, as well as help me learn to speak for myself and go after my goals.”

“I love the Clubhouse. I have met new friends, I enjoy what I do and I really believe the Clubhouse is a very good organization. It has helped me with my mental health.”



## From the President of the Board and Executive Director

### “Magnolia Clubhouse is life changing.”

#### DEAR MEMBERS OF OUR MAGNOLIA CLUBHOUSE COMMUNITY:

Thank you for being part of our community of growth, opportunity, and hope. With deep appreciation, we share our accomplishments over the past year. Magnolia Clubhouse fills a tragic void in the fragmented and under-resourced system of mental health treatment. Although one in five people experiences mental illness, less than half get treatment, which is primarily medication. Magnolia Clubhouse provides community and purpose to rebuild lives. We remain committed to the vision that one day, across the world, people who live with mental illness will lead lives of dignity and fulfillment and reach their full potential.

**SUPPORTING EMPLOYMENT** is a very important part of our work which allows people to improve their standard of living and become part of society’s mainstream. Research demonstrates that Magnolia Clubhouse works! Our record-breaking results in employment this past fiscal year indicate 114 members employed with earnings of 1.3 million dollars! Look for more information about our support of employment in this report.

**SUPPORTING EDUCATION** is also a priority, and Magnolia Clubhouse offered scholarships up to \$350 per semester to members. Learn more about this exciting work in this report as well.

**INTEGRATING HEALTHCARE WITH PSYCHIATRIC SERVICES** at the Clubhouse demonstrates what truly integrated care can accomplish. Meet Dave Blech, our Medical Director, and learn the key to all the work we do: the right people and strong relationships in our community. We introduced dynamic new staff as part of our extraordinary team as we said good-bye, at least on a day-to-day basis, to treasured retiring staff.

**CONTRIBUTING TO MODEL LEADERSHIP** is a priority at Magnolia Clubhouse, a respected **leader in the international network** of Clubhouses. We shared our expertise in the Executive Leadership Training for Clubhouse Directors. We also shared our leadership related to the integration of care, and



we are working with Fountain House and a group of global mental health experts to develop a training curriculum for psychiatrists and other healthcare workers. Various global mental health experts recognize the Clubhouse model as an essential and unique method of treating mental illness in developing and developed countries.

**Ohio now boasts three accredited Clubhouses**, and we work with our sister Clubhouses in Dayton and Columbus to further develop the model in Ohio.

If you are intrigued by what you learn in this report, please reach out. **We welcome visits** any time to experience Magnolia Clubhouse in action! Our improved facilities are a sight to behold, and the environment adds an extra boost to the energy you see all around you. You may donate and/or purchase in our upscale resale shop, another enterprising part of Magnolia Clubhouse.

The Clubhouse model is driven by and welcomes the creativity of all our community. Thank you for all the ways you support us!

With gratitude,

Rebekah Dorman, Ph.D.  
President, Board of Directors

Lori D'Angelo, Ph.D.  
Executive Director

# SUPPORTING EMPLOYMENT

## Our Employment Program

People living with mental illness face many challenges especially when seeking employment. One of the most important services offered at Magnolia Clubhouse assists members in their desire to work by preparing them for employment in the broader community. This year, a total of 114 members were employed (exceeding the Clubhouse Model benchmark) and they earned a total of over \$1.3 million!

## Transitional Employment

Through Transitional Employment, members become employees of our partnering companies and are supported in time-limited jobs. In addition to providing members with both training and support, the Clubhouse guarantees job coverage for the employer. These positions not only offer a bridge into the workforce, but allow members to add to their experience and build confidence.

### Advantages for employers are:

- Save advertising, start-up, and training costs;
- Secure dedicated and qualified employees;
- Reduce high turnover in entry level jobs; and
- Receive guaranteed job coverage.

## Our Transitional Employment Partners are:





**“I am forever grateful  
for the relationships  
I have built at  
Magnolia Clubhouse.”**

## **MEET CHELSTON**

In 2018 I found myself in front of Judge Gallagher, and while I had lost sight of my future, she did not. She referred me to Magnolia Clubhouse in University Circle. I was very skeptical and was utterly overwhelmed on my tour and the first few days at the Clubhouse. However, there was the staff at the Clubhouse who saw where I was and got me motivated to get involved. I worked in the Clubhouse Shop to get more comfortable in making decisions and greeting customers. I grew my skills by researching the difference between crystal and glass and learned how to value the merchandise. Eventually, I was running the Shop when the staff was not around, and I felt confident for the first time in a long time.

The staff came to me and asked me if I was ready to work. I was nervous, but because the staff trusted me, and I trusted the staff, I went to work. Kevin and Vince supported me in Transitional Employment (T.E.) at Rumi’s Market on

Carnegie. I worked five days a week, four hours a day. At first, it was exhausting. I was tired and needed all the support I could get, and the staff never stopped supporting me. There were days that I felt like quitting because the work never ended. But more than quitting, I felt accomplished. This position was not my dream job, but it was mine, and it was something that I looked forward to each day.

While working my Transitional Employment (T.E.) job, the Clubhouse invited me to New York to study the Clubhouse Model to help me grow as a leader. It was an easy decision to go because the Clubhouse was there to support my employer while I was there. What I learned was that the harder I work, the more successful I am going to be, and my mental illness would no longer hold me back. I completed my T.E. at the end of 2019, and now plan to enroll in college courses with the support of Magnolia Clubhouse and my family.

# SUPPORTING EDUCATION

## Our Education Program

Mental illness is often a barrier to achieving educational goals, so the Clubhouse offers academic, financial, and social supports to help members to begin or continue their studies. This year, 34 members were engaged in educational pursuits. Last fiscal year, Magnolia Clubhouse was able to collaborate with Fountain House for funding, to provide \$350 scholarships each semester to members, selected through an application process, for a variety of educational opportunities and interests. These scholarships for our members are provided by funding from the Sidney R. Baer, Jr. Foundation. Over the fiscal year, \$3,245 was distributed to Clubhouse members who applied for scholarships to attend educational programming.

### 2018-2019 Scholarship Recipients

Scholarship funds helped support members pursuing a variety of educational opportunities including:

#### Summer 2018

- Books and classes at Cleveland State University

#### Fall 2018

- Artistic pursuits at the Beck Center for the Arts
- Attend classes at Tri-C for recording arts
- Attend classes at John Carroll University toward a Masters Degree
- Continued education at CSU for law classes
- Attend Tri-C for an Associates Degree

#### Spring 2019

- A seminar on “Managing Emotions Under Pressure” to help with work
- Continued training at the Beck Center for the Arts
- Attend Southern New Hampshire University
- Continued studies at John Carroll University
- Continued education at CSU
- Continued at Tri-C and graduated!



## A GRADUATE'S SUCCESS STORY

Rashe'd came to Magnolia Clubhouse on July 1, 2013. His main goal was returning to Cuyahoga Community College and graduating. He began working at a grocery store called Zagara's in 2014 doing a Transitional Employment position through Magnolia Clubhouse from July until late-December 2014. He then returned to Tri-C in the Spring Semester 2015 but ran out of money. He began working two part-time jobs in 2016 including returning to Zagara's where they hired him in 2017. He went back to college a second time and took the classes he needed and graduated two years later on May 16, 2019. A staff member

of Magnolia Clubhouse and his sister were in attendance at his graduation. The scholarship offered by Magnolia Clubhouse through the Sidney R. Baer, Jr. Foundation in collaboration with Fountain House helped Rashe'd pay for a portion of his tuition. Magnolia Clubhouse's education support system helped him to complete his Associate of Arts degree. He is currently pursuing another Associate's degree with an emphasis on music and earning a Bachelor's degree. He enjoys keeping in touch and visiting Magnolia Clubhouse on his free days.

# INTEGRATING HEALTHCARE WITH PSYCHIATRIC SERVICES

## Health and Wellness

Magnolia Clubhouse isn't just interested in helping members manage their mental illnesses, we take a holistic approach to overall health. Our Clinic is a place where members can go for any type of health care issue. Staffed two days each week, members can make an appointment with Nurse Practitioner David Blech to discuss issues from challenges with their mental illness, to making sure they get a flu shot, to staying healthy by getting physical exams. David is skilled in handling mental and physical health issues, and having a clinic on our campus makes it convenient for members to stop by during their work day, should they need any assistance.

## Meet David Blech, MSN, AGNP-C, Medical Director for Magnolia Clubhouse

David joined Magnolia Clubhouse's Clinic in October of 2018. He is a graduate of the Case Western Reserve School of Nursing and spent seven years teaching nursing at Tri-C. At Magnolia Clubhouse, David conducts patient psychiatric diagnostic assessments and support, as well as health assessments. In addition, he provides education and presents workshops and training for nursing home staff and patients.

David's diverse background includes working as an Adult Nurse Practitioner in Psychiatry, as a post-surgical hospitalist providing post-surgical management of geriatric patients, as well as in acute/chronic disease medical management. His specialties include orthopedics, chronic renal failure and dialysis, congestive heart failure, and diabetes.

Lori D'Angelo, Executive Director of Magnolia Clubhouse, stated, "We are fortunate to have David on our team. He has created a stronger resource as we now have one person who can provide integrated primary and psychiatric healthcare services. This seems to us to be the ideal method of offering integrated treatment. David is warmly embraced by our Clubhouse community. He makes commercials on occasion, related to health topics for our "Clubhouse Newz@One."

In his spare time, David enjoys buying and rehabilitating houses. He works with EDEN, whose mission is to provide housing and solutions to people facing the challenges of housing insecurities and homelessness, to provide housing to single moms. He is also an avid traveler and is looking forward to a future trip to Japan.





## Pia Campbell

Pia Campbell has been a member of Magnolia Clubhouse since 2018, and works closely with David Blech to manage her mental illness. Growing up as a military brat, her family moved ten times. She said her mom always made it seem like a new adventure, so it was manageable for her and her siblings.

Pia has found her time at the Clubhouse to be very beneficial. “It’s someplace to be when you need something to do. It’s a good place because you can feel normal – like yourself – you don’t think about your mental illness. You feel a part of a group, and that’s a good thing.” Pia went on to share that, “Everyone here looks normal, they just happen to have a mental illness.”

Because of the number of times she moved as a child, and her parents’ divorce when she was eight, Pia has found it hard to establish many relationships because she never let herself get ‘attached’ to people.

Happily, Pia has established quite a few friendly relationships with other members of the Clubhouse since she started coming, including her medical relationship with David, whom she also considers a friend. She primarily comes to the Clinic for psychiatric care but finds she gets much more from visits. “Dave keeps it real! He makes you feel comfortable and is always willing to help me!”

# CONTRIBUTING TO MODEL LEADERSHIP

## Advocacy and Growth of the Clubhouse Model

An important part of our advocacy work is helping to strengthen and expand the Clubhouse Model so that more men and women around the world can benefit from this highly effective service. We are working in advocacy at the international, national, state and local levels to further the availability and development of the Clubhouse Model. Magnolia Clubhouse continues to advocate to improve the lives of those who live with mental illness with other advocacy organizations such as NAMI Ohio, NAMI Greater Cleveland and the Mental Health Advocacy Coalition.

Magnolia Clubhouse assists members in registering to vote, getting to the voting booths, and in obtaining absentee ballots to vote. We invite legislators to the Clubhouse so we can share our work and learn more about their positions. We research candidates' positions on mental health issues. We have made calls and written to legislators in support of bills advocating for improved conditions for those who live with mental illness.

We are proud to be a part of the Crisis Intervention Training for police officers who train with us at the Clubhouse. We have students with us from the social work school at Case Western Reserve University, Baldwin Wallace University, Cleveland State University, and Hawken School. The professions include social work, psychiatry, psychology, nursing, occupational therapy, bioethics, and some younger students.

Magnolia Clubhouse continues to do community outreach to mental health agencies, hospitals and group homes to raise awareness about the Clubhouse, its benefits to the members and how Clubhouse engagement continues to help with fewer hospitalizations, better community engagement, and the development of coping skills that help combat symptoms associated with mental illness.

Research work with CWRU and other Clubhouse researchers has resulted in eight publications. The three research projects include one exploring how the Clubhouse reduces isolation, one on the needs of Clubhouse family members and their perceptions of the Clubhouse, and one on how the Clubhouse promotes resiliency.

Going forward, the Clubhouse is continuing to increase community outreach to build Clubhouse membership and to continue to advocate for those living with mental illness and their families.



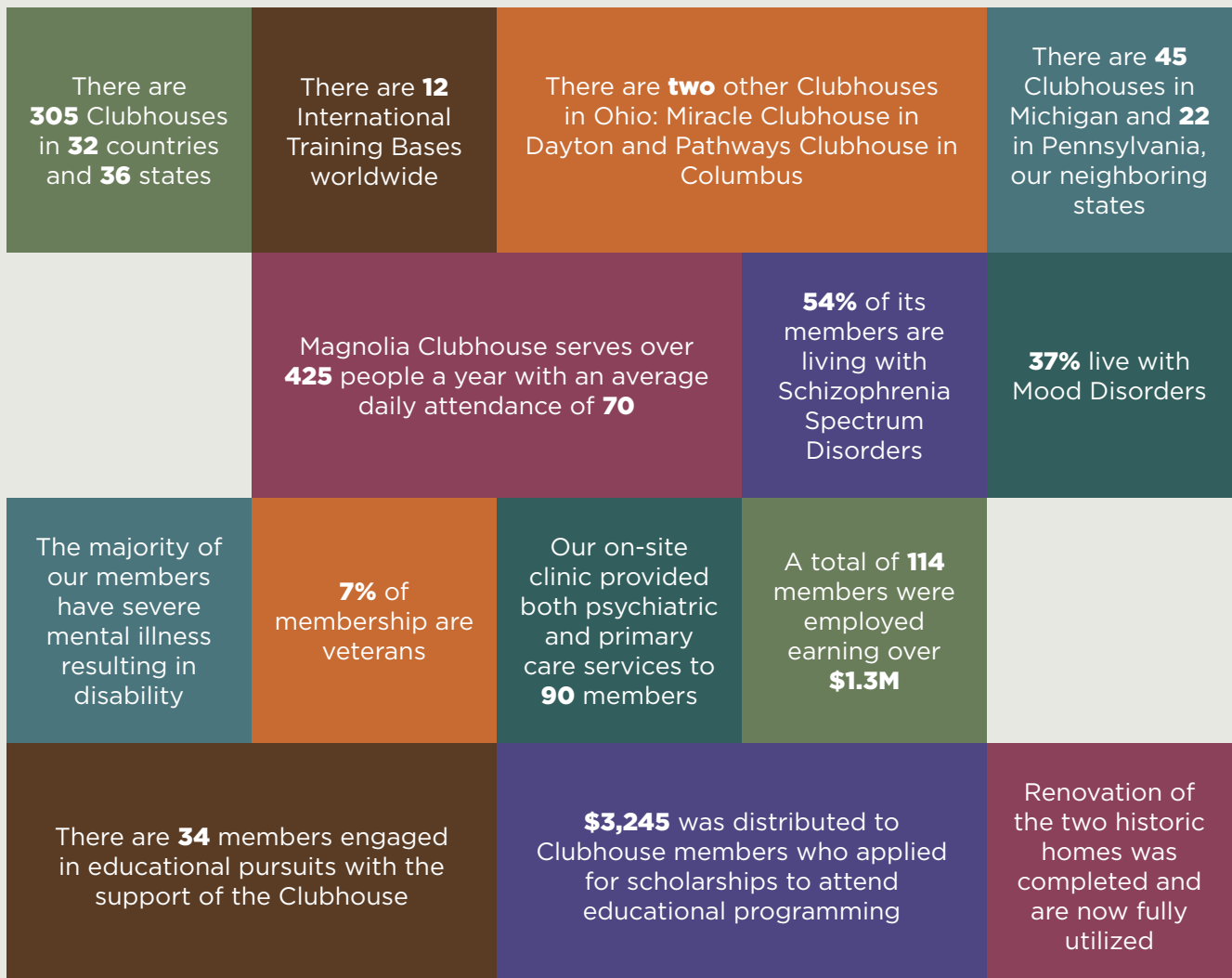
## Membership

Clubhouse membership is open to any adult with a mental illness. Becoming a member is a simple process that begins with a tour of Magnolia Clubhouse to learn more. Joining the Clubhouse is affordable...Dues are only \$1 per day, bus tickets are sold at a greatly reduced cost of \$1 per ride, making it accessible to all in need. Generous donors have helped make this possible.

## The Magnolia Clubhouse Shop

In our beautiful upscale resale shop, generous donors provide us with furniture, antiques, and much more. If you walk out without something that caught your eye, it may not be here the next day! ALL of our items are one of a kind, and most all are 'previously-loved treasures.' The shop is open Tuesday through Friday from 10:30 a.m. – 3:30 p.m. and the first Saturday of each month from 10:00 a.m. – 4:00 p.m. If you haven't shopped here yet, you'll want to put us as a stop on your next visit to University Circle.

## INTERESTING FACTS:



# EVENTS



## Impact Award honored Magnolia Clubhouse

Magnolia Clubhouse received an Award of Excellence for “developing a community that reduces isolation and encourages hope for recovery.”

From Peg’s Foundation: “Magnolia Clubhouse at University Circle in Cleveland has a fundamental role in bringing purpose into the lives of people living with mental illness and supporting them with their education, finding work, and involvement in community activities. The Clubhouse provides a welcoming and supportive environment while empowering the members to pursue their recovery goals, dreams, and a future with a purpose and respect. The Morgan Impact Awards, established in 2010, celebrate significant contributions and exceptional commitment to the Foundation’s mission.”

Each year, Peg’s Foundation recognizes individuals and organizations for their outstanding achievements in mental health, education, and the arts. The program celebrates the award recipients at the annual Morgan Impact Awards. The award recipients, along with their



**Thank you, Peg’s Foundation, for a very special honor and special night.**

guests, are invited to attend this invitation-only, red carpet event to be honored and highlighted by the community.

The award statue is created at the Fräbel Glass Art Studio in Atlanta, Georgia, and represents Peg’s favorite flower, the American Dogwood. Each sculpture is made by hand without the use of molds and is a unique work of glass art.

### A Visit from Chris Hubbard

Chris Hubbard, the Cleveland Browns offensive lineman, joined members and staff at Magnolia Clubhouse on Friday, April 26th, 2019. Chris addressed the room by sharing his own experience with mental illness and the importance of talking about mental health. He shared how his depression has been a battle, and it takes strength to cope with his symptoms daily. Chris then joined members and staff on a tour of Magnolia Clubhouse. Chris explained how impressed he was with the opportunities we offer to individuals struggling with their mental health symptoms.



Chris shared gifts of time and treasure with Magnolia Clubhouse, and we are so grateful for his attention to the Greater Cleveland mental health community and for speaking out about his own life experience.

Go Browns!



## An Evening of La Vie En Rose

Magnolia Clubhouse was the beneficiary of a very special event.

On Saturday, November 10, 2018, friends and family of David and Julie Borsani celebrated the life and honored the memory of their dear daughter, Marissa. “She was a courageous girl with a heart of gold.” The celebratory dinner included a performance by Cleveland Pops Ensemble, followed by a dance performance to “La Vie En Rose.” The evening began with a welcome by David and Julie, followed by brief remarks from Lori D’Angelo, the Executive Director of Magnolia Clubhouse. The evening’s contributions provided support to Magnolia Clubhouse “to bring hope to those who live with mental illness.”

# A YEAR OF CHANGES!



Paula Feher



Fanche Sheeran

## RETIREMENTS

**Paula Feher and Fanche Sheeran** retired and are very missed. We are happy to say we see both now and then, and they are always a part of our community. **Paula** worked at the Clubhouse for over 20 years. Members commented on how much she supported them, her patience and kindness, and for always going the extra mile. **Fanche** worked with the Clubhouse for more than 25 years. Her creative cooking, no-nonsense approach, and her tough-love style is missed. It isn't easy to capture in a few words the impact of the careers of Paula and Fanche with our Clubhouse community. We grew together and worked together and experienced much growth. We have many wonderful memories and we are grateful to share more times in the future!

## NEW ADDITIONS

We welcomed the following new staff to the Clubhouse community, and we are very happy they have joined us!

**Dave Blech** and **Heather Shorten** manage our Clinic. Heather is the friendly voice and the lady with the big smile whom everyone sees when they walk in the door! Dave, our Nurse Practitioner, is featured (on page 6); learn more about him there!

Other **new staff** working alongside our members include: **John Fisher, Vince Crowe and Nicky Wilkins**. These individuals are all trained mental health professionals and work side by side with our members on our membership and hospitality units.



Dave Blech



Heather Shorten



John Fisher



Vince Crowe



Nicky Wilkins

## LEADERSHIP

We sadly bid a fond farewell to **Dr. David Biegel** who served on the Magnolia Clubhouse board.

David is the Henry L. Zucker Professor of Social Work Practice and Professor of Psychiatry and Sociology at the Jack, Joseph and Morton Mandel School of Applied Social Sciences at Case Western Reserve University.

We thank you, David, for all you brought to us, including the research you conducted on the Clubhouse and families, and on how the Clubhouse reduces isolation. These contributions are a part of your legacy to the Clubhouse and are utilized in our advocacy for the Clubhouse Model.

# Donor Honor Roll

To each of our donors we extend our sincere thanks and appreciation.

The important work being done at Magnolia Clubhouse is made possible with the support of many individuals, organizations, foundations, and corporations. Your collective generosity directly benefits our members while also supporting our advocacy efforts to reduce stigma and ensure that mental health remains both a local and national priority.

We are grateful to the donors who contributed to the Magnolia Clubhouse Annual Fund and those who made other designated gifts (listed in the following pages).

July 1, 2018 – June 30, 2019

## \$10,000+

Char and Chuck Fowler  
Denise and Steve Kestner  
Lucy and Chuck Weller

## \$5,000+

Dave and Julie Bosani  
Christopher and Tamara Hubbard  
Toby Devan Lewis  
Ray and Katie Murphy  
Paul and Connie Omelsky

## \$2,000+

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## \$250+

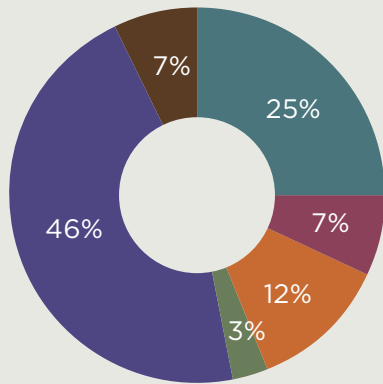
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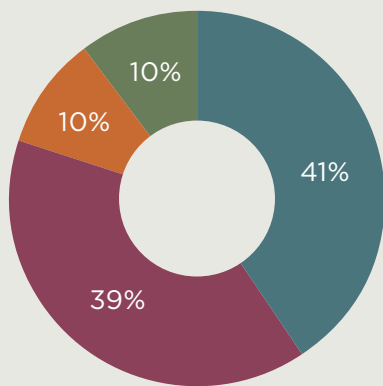
## Magnolia Clubhouse Financial Information

(July 1, 2018 - June 30, 2019)



### REVENUE : \$2,286,860

ADAMHS Board	\$579,840
Clubhouse Income & Dues	\$149,710
Annual Fund	\$274,944
United Way of Greater Cleveland	\$72,908
Government Funding	\$1,057,275
Foundation Grants	\$152,183



### EXPENSES: \$2,286,860

Salaries	\$933,219
Operating Costs	\$900,678
Benefits	\$221,356
Occupancy and Equipment	\$231,607

Mark Weaver  
Dickson Whitney  
Barbara Wolfort  
Catherine Woodcock  
Derron and Jenn Wrubel  
Kurt and Barbara Zoss

### \$100+

Anonymous  
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